



Water Aerobics Instructor

Classification: Hourly

Salary Grade: Contract

Reports to: Fitness Supervisor

Job Description: Provide water aerobics instruction, monitors, educates patrons on fitness and safety, and maintains a safe and enjoyable atmosphere for class participants

Essential Job Functions:

- Teaches scheduled classes, beginning and ending on time; provides adequate warm-up, exercise, stretching, and cool down.
- Instructs patrons on effective workout methods; explains proper techniques, demonstrates exercises; identifies different muscle groups, and teaches appropriate methods to strengthen specific muscles.
- Prepares appropriate equipment, music, and handouts for each class.
- Assists patrons, answers questions, and maintains a positive exercise experience for members and class participants.
- Keeps management informed of pool activities, facility needs, and significant problems.
- Ensures that safety standards are met, and that department and facility policies are adhered to.
- Performs related duties as required.

Work Environment: While performing the duties of this job, the employee is regularly exposed to outdoor weather conditions. The noise level in the work environment is usually moderate, occasional exposure working near moving mechanical parts, pool mechanical systems. The employee occasionally is exposed to wet and dry conditions, fumes, toxic or caustic pool chemicals.

Physical Demands: The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is frequently required to walk, stand, sit and talk or hear. The employee is occasionally required to use hands to finger, handle, feel or operate objects, tools, or controls; and reach with hands and arms. The employee is occasionally required to climb or balance; stoop, kneel, crouch, or crawl.

The employee must frequently lift and or move up to 25 pounds, and occasionally must aid in the rescue of drowning swimmers. Specific vision abilities required by this job include close vision, color vision, and the ability to adjust focus.

The employee must have a high degree of energy, be physically fit, and have the endurance to complete the workout. Must also be able to project their voice over the noise of the pool so that the class participants are able to hear the instructions.

Required Education and Experience /Additional Eligibility Qualifications: Must possess current CPR/First Aid certification. Certified Instructor (AEA-ACE-AFAA) water specialty preferred.

Work Authorization/Security Clearance (If applicable): Must be at least 18 years of age. I-9 eligibility.

Other Duties: Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties, or responsibilities that are required of the employee for this job. Duties, responsibilities, and activities may change at any time with or without notice.

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